



# How Long is a Minute?



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How long is a minute?



Long enough for the big hand on the clock to move  
between these two little marks.



How long is an hour?



Long enough for that big hand to move all the way around the clock and for the little hand to go from one number to the next.



A minute is a little bit of time. It is about as long as I  
can hold my breath.



An hour is a longer time. It is about as long as it takes me to do my homework.



In a minute, I can put on my socks and shoes.



In an hour, my mom and I can go to the store and back.



It takes me about a minute to make a peanut  
butter and jelly sandwich.



It takes my brother about an hour to mix, bake, and ice chocolate cupcakes.



But it only takes me a minute to eat one!

# Math & Science

Minute and Hour

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