

We All Exercise

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All of our bodies need to move, to run, to jump,



to exercise!



When Tim exercises, he rides his scooter.



Sarah likes to dance.



Alex walks his dog.



Yori and Carlos have handstand contests.



To get exercise, Jill rides her bike.



Devin likes to play soccer.



Rachel swims.



When Josh and Amy exercise, they practice throwing a baseball.



What do you do for exercise?

Math & Science

Exercise and Rest

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