### WEEK 1

- **Using up to 10 items**, make two groups (such as 4 items and 5 items). Write “4 and 5 is ___.” Push the items together and count them. Now fill in the blank—9!

- **Look for the Power Words** *in, see, was, and his*. Can you find them in books? On signs? Each time you or your child finds a word, give yourself a point.

- **Does your child know what plants need to grow?** Talk about how water, sunlight, and good soil help plants grow.

- **Practice counting to 14 as you’re walking.** Jump up when you get to 14 and start over.

### WEEK 2

- **Write the words in, see, was, and his** on paper plates. Scatter the plates around the room. Say a word, and have your child stand on the matching plate.

- **Hands and feet are great tools for counting**—each one is a group of five! Count by 1s and then by 5s to help your child understand the number 15.

- **As you read, hunt for words that show more than one** (cats, boys, foxes, buses). Adding -s or -es to the end of a word makes it more than one.

- **How do people use plants?** Brainstorm as many ideas as you can. For example, plants provide food and are used to make clothes and paper.

### WEEK 3

- **Go on a virtual field trip**, and pay attention to any new words. Talk about what you might see, hear, smell, or touch if you were there.

- **Observe the weather this week.** Record the temperature each day. What’s happening outside? Look at the sky and make your own weather predictions.

- **Make a group of 9 items and take away 3 of the items.** Ask, “How many are left?” Say, “9 take away 3 is 6.” Repeat with groups of 9 or fewer items.

- **Toss a ball and say a word.** The catcher has to come up with a rhyming word. For example, toss the ball and say *fun*. The catcher could then say *sun*.

### WEEK 4

- **Can you and your child do 16 jumping jacks? What about 16 sit-ups?** Count as you try to reach 16.

- **Find one of your child’s favorite books.** Ask your child what is happening on each page. If they have memorized the book, let them “read” it to you.

- **If you can do something, it’s a verb!** Write 10 verbs on cards. Taking turns picking a card and acting out the verb. Then use the verb in a sentence.

- **Talk about the seasonal changes that happen where you live.** What is it like in spring? Or in fall? Tell each other which season you like best and why!

- **Try an at-home version of show-and-tell!** Each person chooses a photo or a favorite item (book, toy, food, etc.) and shares why it’s special to them.

**Learning Together**

*Use these simple activities to have fun and learn each day!*

Find resources at [upstart.waterford.org](http://upstart.waterford.org) or [mentor.waterford.org](http://mentor.waterford.org).