



Earth

Preserve the earth by conserving resources and preventing pollution.

Reduce

With your child, brainstorm a list of ways you can reduce the amount of trash your household throws away. Write the list on a reused piece of paper, such as the back of last week's grocery list, and keep it on the refrigerator as a reminder for your family.

Reuse

Spend an afternoon making things from used items. You could do art projects with old cereal boxes and papers, make planters out of plastic bottles, or draw pictures on the backs of used sheets of paper.

Recycle

Decorate a recycling box together. Determine what type of recyclable item you use the most, and collect that item until the box is full. Then take a trip together to your local recycling site.



Read

Take a trip to the library or find books online. Look for books about the Earth that you and your child can read together. Here are some books to consider:

- *The Great Kapok Tree: A Tale of the Amazon Rain Forest* by Lynne Cherry
- *It's My Earth, Too* by Kathleen Krull
- *The Magic School Bus: Inside the Earth* by Joanna Cole

You can find Waterford.org books and practice pages in the **Resources & Activities** tab at mentor.waterford.org.

Waterford Songs

Sing along to "Pollution Rap" from the **Science Songs** playlist. You can find this song on the [Waterford.org YouTube](https://www.youtube.com/channel/UCqz8qz8qz8qz8qz8qz8qz8q) channel.

Waterford Books

You can find these Earth books in the **Resources & Activities** tab at mentor.waterford.org.

- *Your Backyard* by Cynthia Belnap
- *Water* by Jeannette McNeely

