

## The Courage to Learn: The Story of Helen Keller

## **Identify Challenges**

Remind your child that a challenge is a hard task. Reread page 3 with your child. Explain that Helen gets sick. Because of this, she cannot hear or see. This makes communication a challenge for her.

Reread page 7. Ask your child to tell you a challenge Helen and her teacher face. Continue discussing challenges Helen and Anne have in the story.

## Recall a Challenge

Helen Keller and Anne Sullivan overcome many challenges to help Helen communicate. Ask your child to tell you about a challenge they had to overcome. Ask questions such as:

- What was the challenge?
- What steps did you do to overcome the challenge?
- How did overcoming the challenge make you feel?

## **Discuss Social Interactions**

Remind your child that all people have challenges to overcome. The challenges are different, though. Talk about how to interact with people who have different challenges. If your child met another child who was blind or deaf, what could they do? How would your child communicate with the other child?



