

Move and Groove

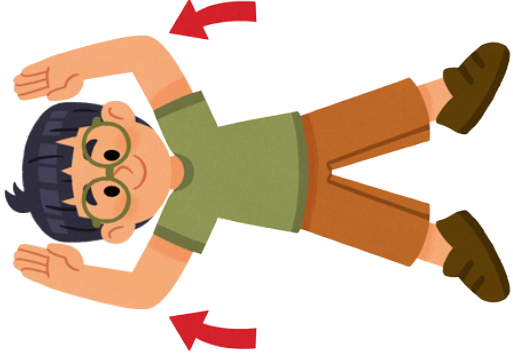
Fun Movements for Young Learners



Balance



Hop



Jumping Jacks



Push Ups



Spin



Squat



Touch Head



Touch Toes