



*Mindset skills help children understand their emotions, set positive goals, show empathy for others, establish healthy relationships, value diversity and inclusion, make responsible decisions, focus, and stay organized.*

## SKILLS TAUGHT

Mindset Skill: Citizenship

Area: Community-Building



## Clean Up Together!

### Materials

- Plain shaving cream
- Rags, sponges, or paper towels
- Spray bottles with mild cleaner or water

### How to Play

- Spray the shaving cream on a table or other surface that can be cleaned. Have your child wipe off the shaving cream to clean the surface.
- Have your child clean toys with spray bottles and a rag or sponge.
- Have your child clean windows or mirrors with a spray bottle and a rag or sponge.

**Tip:** Your child may want to write or draw in the shaving cream before they wipe it off. Remind your child not to eat the shaving cream and that the shaving cream can sting if it gets in your eyes.