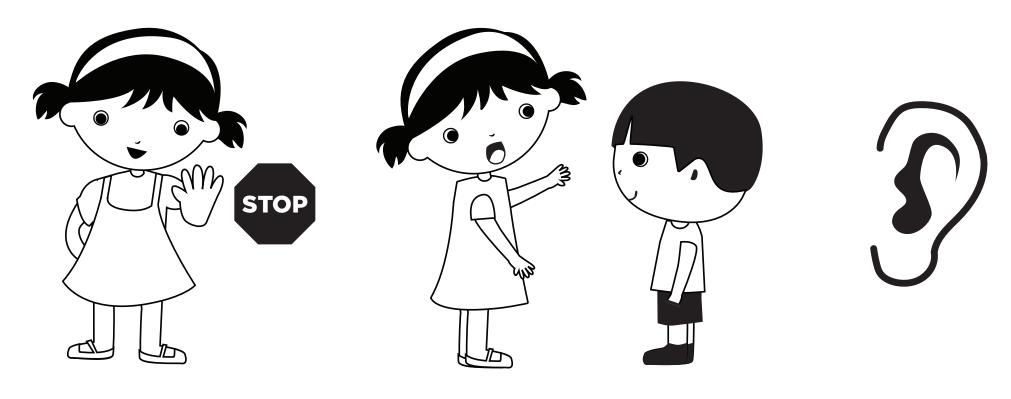
How to Listen Like a Friend



Stop what you are doing.

Look into each other's eyes.

Listen hard.

